

Plan Your Trip to San Diego

TRAVEL INFORMATION FOR EQ TRAINER CERTIFICATION

PROGRAM LOCATION

La Jolla Shores Hotel

8110 Camino Del Oro, La Jolla, CA 92037

Reservations: 855.923.8058

ljshoreshotel.com

Rooms at La Jolla Shores Hotel are available on a first-come, first-served basis. There is no block of rooms reserved.

Transportation

The hotel is approximately 10 miles from the San Diego International Airport (SAN). Uber, Lyft and Taxi service are available from the airport.

WHAT TO EXPECT:

July 15-16, 2025 (Level 1)

July 17-18, 2025 (Level 2)

Each day, we will begin at 8:00 a.m. and end no later than 5 p.m., except for Friday when we will end by 2 p.m.

Breakfast and lunch will be provided, with breakfast being served at 7:30 a.m.

Dress: Business casual

Explore San Diego

Nestled right on the beach, enjoy stunning oceanfront views and fresh SoCal cuisine—think mouthwatering tacos, seafood, and more. Just a quick ride away, explore Prospect St. in downtown La Jolla, brimming with boutiques, galleries, and the lively Open Aire Farmers Market every Sunday. Minutes from La Jolla Cove, spot the famous seals or dive into kayaking, surfing, and paddleboarding. La Jolla Shores' cozy eateries are a short walk, while downtown San Diego, Balboa Park, and major museums are just 15-30 minutes away. Don't miss top attractions like Birch Aquarium and the La Jolla Playhouse, where shows often make their way to Broadway!



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